



## Confined Space, Fall Protection, Lockout/Tagout Refresher for Water Utilities

Workers who service and maintain water systems are exposed to a variety of hazards. To effectively manage these hazards, employees must receive initial and refresher training. The purpose of this class is to allow the students to re-engage with the subject matter and be informed of any changes in the utility's policies, procedures or equipment.

### Course Objectives

*At the completion of this session, the students should know or understand:*

- Any changes to their location's policies or procedures that deal with confined space, fall protection, and lockout/tagout.
- Basic safety principles that apply to these activities.
- Any site-specific information that the utility's management deems appropriate.
- Any changes to protective equipment requirements.
- Any changes to the location's emergency action plans.

### Course Outline/Timeline

#### Confined Space Safety

- 00-05 Minutes • Current safety statistics (fatalities, injuries)
- 05-30 Minutes • Review of the utility's confined space policies
- 30-45 Minutes • Review of the utility's emergency action plans

#### Fall Protection

- 45-55 Minutes • Current safety statistics (fatalities, injuries)
- 55-75 Minutes • Review requirements for fall restraint, positioning, arrest
- 75-90 Minutes • Review of the utility's fall protection policies

#### Lockout/Tagout

- 90-100 Minutes • Current safety statistics (fatalities, injuries)
- 100-110 Minutes • Principles of effective energy control
- 110-120 Minutes • Review of the utility's energy control procedures

Our programs reflect:

**ANSI/ASSE Z490.1-2009** *Criteria for Accepted Practices in Safety, Health, and Environmental Training*

